The hATTR Compass Genetic Testing Program: Map Your Genetic Journey

If you are considering genetic testing and genetic counseling through the hATTR Compass Program, you can use this timeline to track where you are in your hATTR Compass Program journey and understand what options and resources are available to you at each step in your journey. For family members, genetic testing for hATTR amyloidosis is the first stop on the diagnostic pathway to understand your future risk for this condition. For patients with symptoms of hATTR with polyneuropathy, genetic testing can be the final step on your diagnostic journey.

hATTR Compass
Map Your Genetic Journey

STEP ONE

Patients: Are Your Symptoms Due to hATTR Amyloidosis With Polyneuropathy?

Family Members: Are You at Risk For hATTR Amyloidosis?

Visit www.hATTRChangeTheCourse.com to learn about the hereditary nature and symptoms of hATTR amyloidosis.

Tip: Download several helpful tools and tips for patients and caregivers.

STEP TWO

Find Answers with the hATTR Compass Program:

Akcea Therapeutics and Ambry Genetics are partnering to offer **no-cost, confidential genetic testing and confidential genetic counseling** to patients through the hATTR Compass Program who are clinically suspected of having hATTR amyloidosis with polyneuropathy as well as individuals with a family history of hATTR amyloidosis.

Visit www.hATTRCompass.com to learn more.

STEP THREE

Order an hATTR Compass Program Kit Online:

Visit www.hATTRCompass.com to order a free hATTR Compass Kit in the mail.

STEP FOUR

Collect DNA Samples:

Using the kit, patients should work with their doctors to collect blood or saliva samples and fill out the included Test Requisition Form. Follow the instructions provided to submit the kit for analysis.

STEP FIVE

Analyze DNA:

Once the lab receives the kit, the DNA samples are analyzed to identify any genetic mutations. A report is sent to the doctor and genetic counselor within 2 – 4 weeks.

STEP SIX

Understand Your Results:

Genetic counselors are available to discuss the genetic testing results with you and answer any questions you may have.

Doctors: Ambry Genetic Counselors are available to answer your questions. Contact +1 (949) 900-5500

Patients: Genetic counseling is available through PWNHealth. Contact +1 (888) 494-7333

STEP SEVEN

Make a Plan:

Doctors and patients can work together to make a healthcare management plan based on the results. For family members, genetic testing for hATTR amyloidosis is the first stop on the diagnostic pathway to understand your future risk for this condition. For patients with symptoms of hATTR with polyneuropathy, genetic testing can be the final step on your diagnostic journey. There are many resources available to help you learn more about hATTR amyloidosis with polyneuropathy and support options. Try these:

Doctors: Learn more about confirmatory diagnostic tests at www.hATTRGuide.com.

Patients: Find tips for living with hATTR amyloidosis at www.hATTRChangeTheCourse.com.

STEP EIGHT

Monitor Symptoms:

For family members, with a positive genetic test, you can identify the red-flag symptoms of hATTR amyloidosis with polyneuropathy as soon as they manifest and potentially execute your healthcare management plan before the condition gets worse.

Support resources are available to you every step of the way

Staying connected through Backpack Health

Backpack Health is a mobile and web-based app that helps patients keep track of their symptoms, diagnostic tests and ongoing treatment for hATTR amyloidosis with polyneuropathy. The app also makes it easy to share important health information with the people who need to know and can influence care. Access to the app is complimentary for patients with hATTR amyloidosis with polyneuropathy at my.backpackhealth.com/join/hATTRCompass.

There are many resources available to support patients and their doctors through the genetic testing process by providing support, guidance and additional resources:

- **Amyloidosis Research Consortium**
  www.ARCI.org
- **Amyloidosis Foundation**
  www.amyloidosis.org
- **Amyloidosis Support Group**
  www.amyloidosissupport.org
- **Akcea Patient Advocacy**
  email: patientadvocacy@akceatx.com

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